## IST 209 In-Class Lab \#5

Write a Java method which will accept a String as an argument and will test that String to see if it contains a valid Integer. The method should return true if it could be converted to an integer and false if it could not.

Use this method in a Java application which asks the user to input an integer value between 0 and 150 and continues asking until valid input is entered. The program should not crash if the user enters nonnumeric input.

